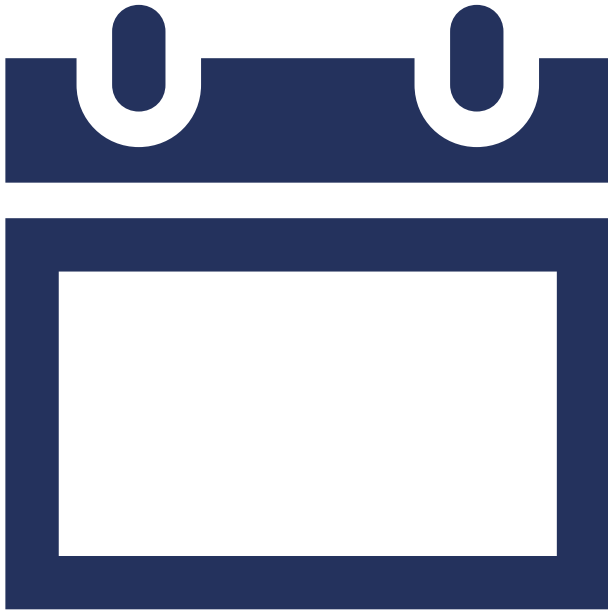


Year 10 Exam Ready Evening



Welcome and Introduction





- 6:00 pm** **Welcome and introduction – Miss Scattergood**
- 6:05pm** **The Year Ahead – Miss Bradshaw**
- 6:15pm** **Mock 1 Exams Briefing – Mr Gregory**
- 6:30pm** **Looking After Yourself – Mrs Culverwell**
- 6.35pm** **The Right Support – Miss Howard**
- 6:45pm** **Post 16 Application Process – Miss Scattergood**
- 7.00pm** **Close**

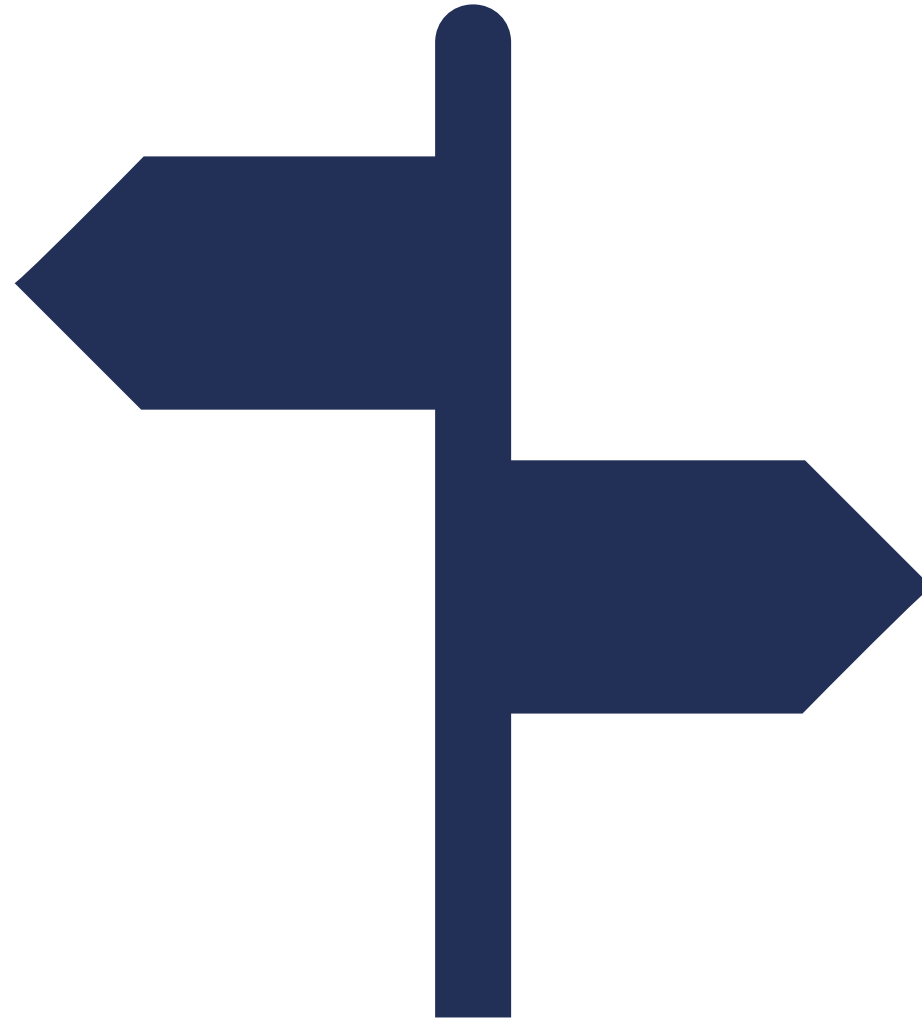


Miss Bradshaw

17th – 27th June – Year 10 Mock Exams



24th October - Post-16 Open Evening

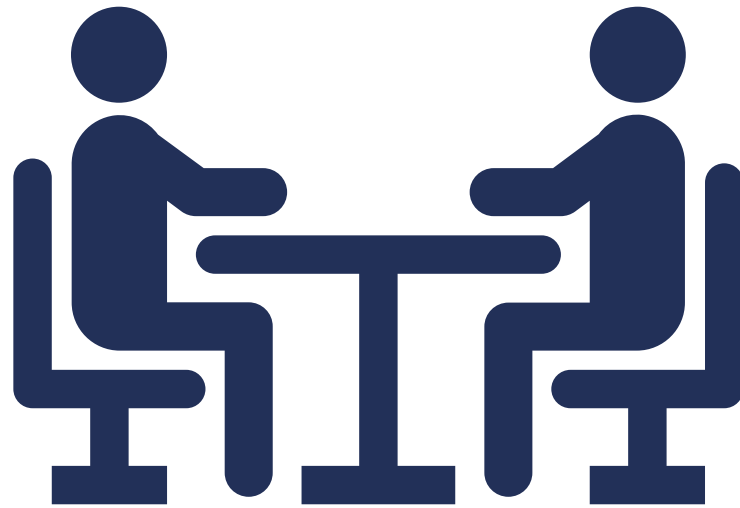




Thurs 28th Nov - Y11 Revision Evening



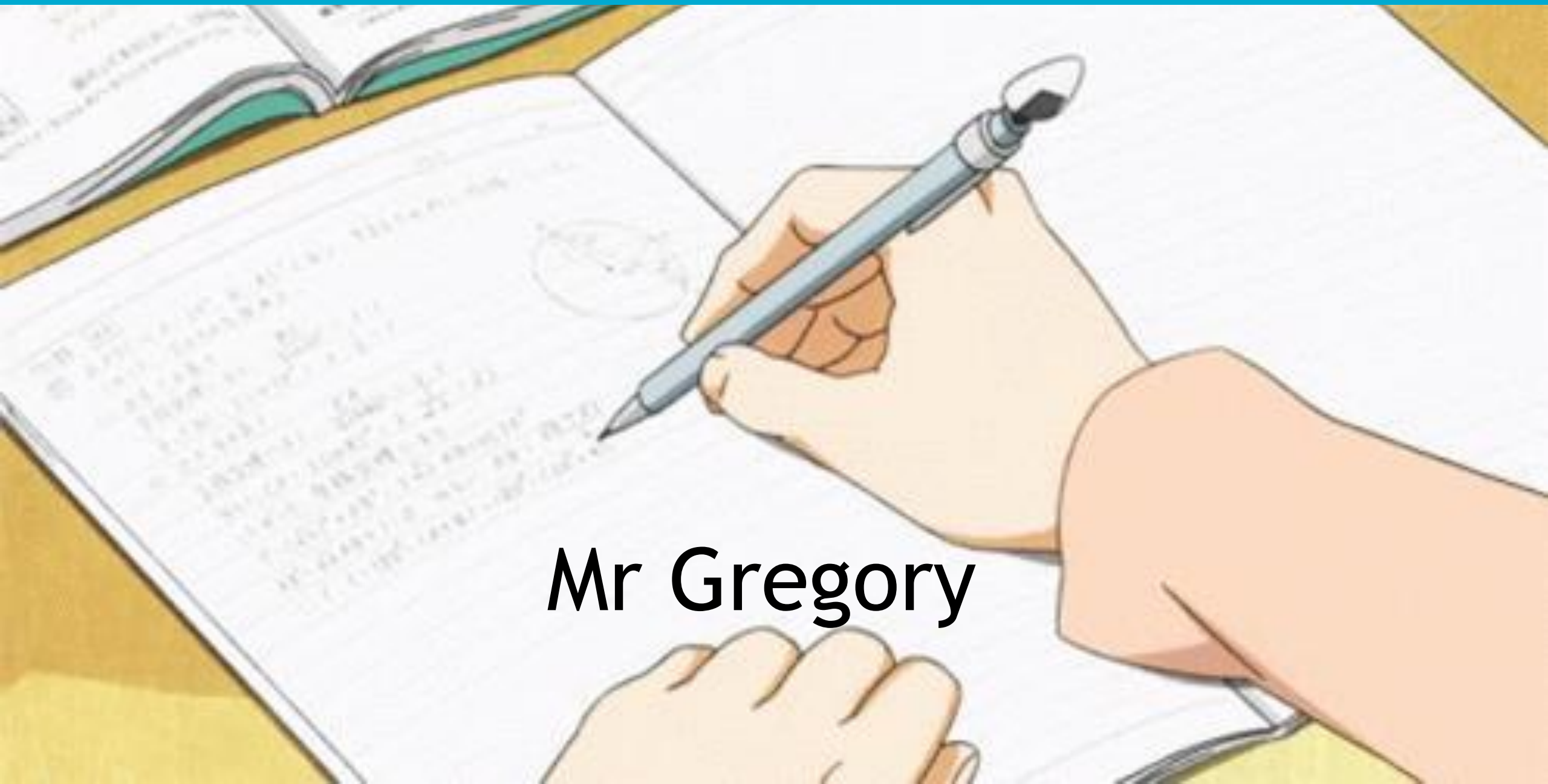








Mock 1 Exam Briefing



Mr Gregory

Revision Checklist:



Year 10 Mock 1

Date	Subject (Paper)	AM/PM	Duration
Monday 17th June	X		
Monday 17th June	English Language Paper 1	PM	1hr 45m
Tuesday 18th June	Music Unit 1	AM	3 hr
Tuesday 18th June	Maths Paper 1 (non-calc)	PM	1hr 30m
Wednesday 19th June	X		
Wednesday 19th June	French writing	PM	1hr(F) 1hr 15m(H)
Thursday 20th June	English Language Paper 2	AM	1hr 45m
Thursday 20th June	Biology	PM	1hr 45m
Friday 21st June	Maths Paper 2/3	AM	1hr 30m
Friday 21st June	Geography Paper (Physical Geography)	PM	1hr 30m

Date	Subject (Paper)	AM/PM	Duration
Monday 24th June	Chemistry	AM	1hr 45m
Monday 24th June	History (Elizabeth, Conflict and Tension)	PM	2hr
Tuesday 25th June	English Literature Paper 2	AM	2hr 15m
Tuesday 25th June	Construction and the built environment	PM	1hr 30m
Wednesday 26th June	Maths Paper 3 (Calc)	AM	1hr 30m
Wednesday 26th June	French Reading and Listening	PM	1 hr 45m
Thursday 27th June	Food	AM	1hr 45m
Thursday 27th June	Physics	PM	1hr 45m

- Exam Timetable
- Subject Revision Checklists
- Revision Timetable
- Revision Strategy
- Exam Protocol

Mock 1 Briefing – Timings

AM Exam Timings:

8:30 Line Up + Collect Phones and store securely.

9:00 Exam Start

Students will have break as normal.

If an examination runs into break, the cohort will be given an extension.

PM Exam Timings:

12:40 - Line Up (end of lunch)

1:00 - Exam Start

Registers will be taken in the exam hall using the desk name cards by attendance.

Students will leave site after PM exam.



Mock 1 Briefing – Key Rules (Unauthorised items)

- Under exam conditions the use of unauthorised materials, copying or attempting to copy, escaping from supervision or collusion (i.e. cheating) is not permitted.
- Unauthorised materials include:
 - Mobile phones
 - iPods, Air pods, MP3/4 players
 - Food and drink (containers must be free from labels)
 - Tippex or correction fluid
 - Gel pens
 - Watches
 - Clicker pens



Mock 1 Briefing – Key Rules (Inside the exam venue)

- ✓ Exam conditions begin as soon as students get to the exam room.
- ✓ Bags will be stored in the Fitness Suite.
- ✓ Students must be sat in the seating plan that is provided.
- ✓ Candidates must have clear plastic pencil cases.
- ✓ Any bottle brought from home, must be clear with label removed.
- ✓ There cannot be any paper in your pockets.
- ✓ There cannot be any writing on your hands.



- Mobiles are not allowed in the exam room. We are collecting mobile phones from students at the start of each day, storing them securely and returning them as students leave site after the PM exams.
- Students will not be allowed to enter the exam until contact home has been made should you fail to hand over your phone.





- ✓ Increase in confidence
- ✓ Sense of achievement



- ✓ Identify strengths and weaknesses
- ✓ Provide support
- ✓ Inform planning



- ✓ Exiting year 11s state mocks as one of the key influences on their learning journey

Looking After Yourself



Mrs Culverwell



Looking After Yourself



Looking After Yourself (There to Help)

Form tutors

Subject teachers

Peers

The general school community

School nurse drop in Tuesdays



XenZone
FUTURE THINKING FOR MENTAL HEALTH



Looking After Yourself (Impact of Sleep)



✓ Revising facts and figures =
3 hours before you sleep.

- During sleep our brain is supplied with additional oxygen to restructure the body and form memories in the brain.
- Sleep encourages connections to be made, especially if you follow this simple sleep rule:
- Overall students should be aiming for 8-10 hours of sleep per night.

Looking After Yourself (Impact of Nutrition)

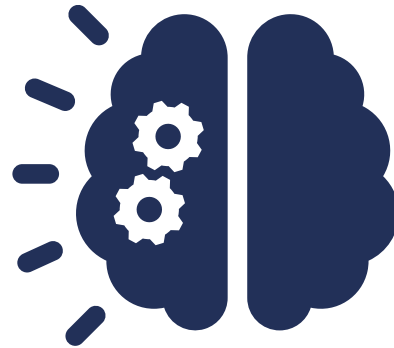


- What you eat impact your mood, alertness, ability to solve problems and even how your body copes with stress.
- Your brain uses 20% of your calorie intake.

The Right Support

Miss Howard

An illustration on a blue background showing several hands of different colors (black, purple, blue, green, yellow, red) reaching upwards. Some hands are open, while others are in fist-like shapes. White wavy lines and short vertical dashes are scattered around the hands, suggesting movement or energy. The text 'Miss Howard' is centered in the middle of the image, underlined.



Focused **L**ong-Term **A**ctive **T**ransformed

✓ Phone away...

...and music off...

...and avoid distractions.

✓ Be in the right physical place
to revise.

✓ Be in the right frame of mind to
revise



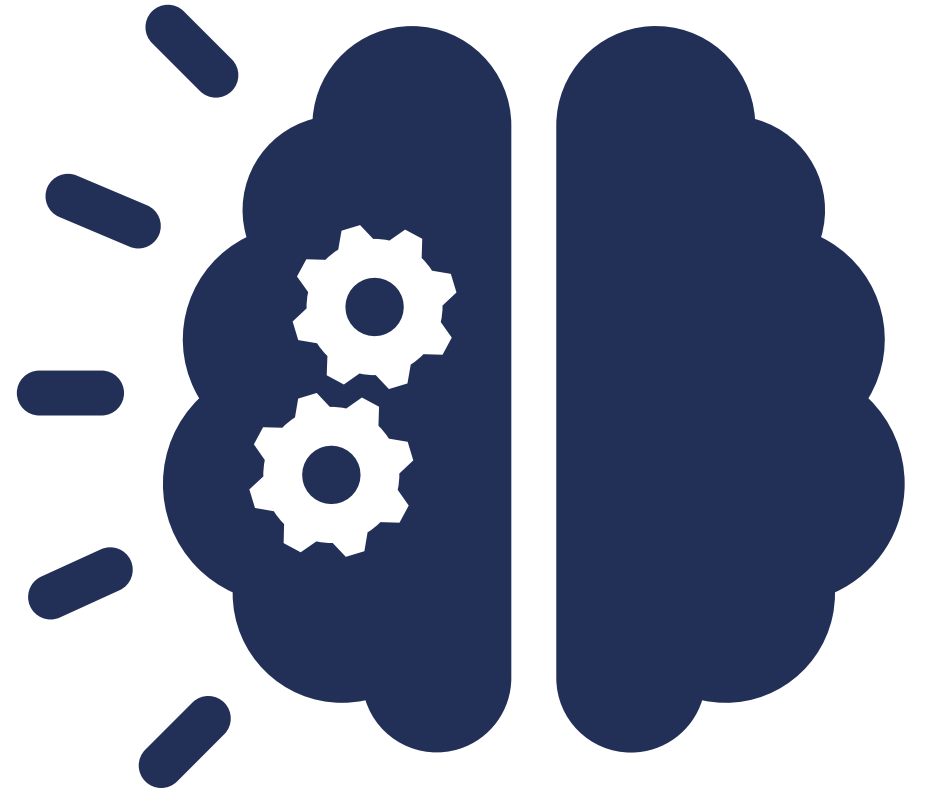
The Right Support – Long Term



- ✓ Start early to cut down on stress later in the year.
- ✓ Make a revision timetable and commit to it.
- ✓ Repeat, repeat and repeat.

The Right Support – Active

- ✓ Engage your brain by actively creating revision resources.
- ✓ Test yourself or each other.
- ✓ Practise using practice exam questions and/or past papers.
- ✓ Revise weaker areas early and just before your exam.



The Right Support – Transformed



- ✓ Transform your knowledge into a different format.
- ✓ Flashcards, mind maps, quiz sheets, Powerpoints, recordings, timelines to name but a few.

The Right Support – Team Effort

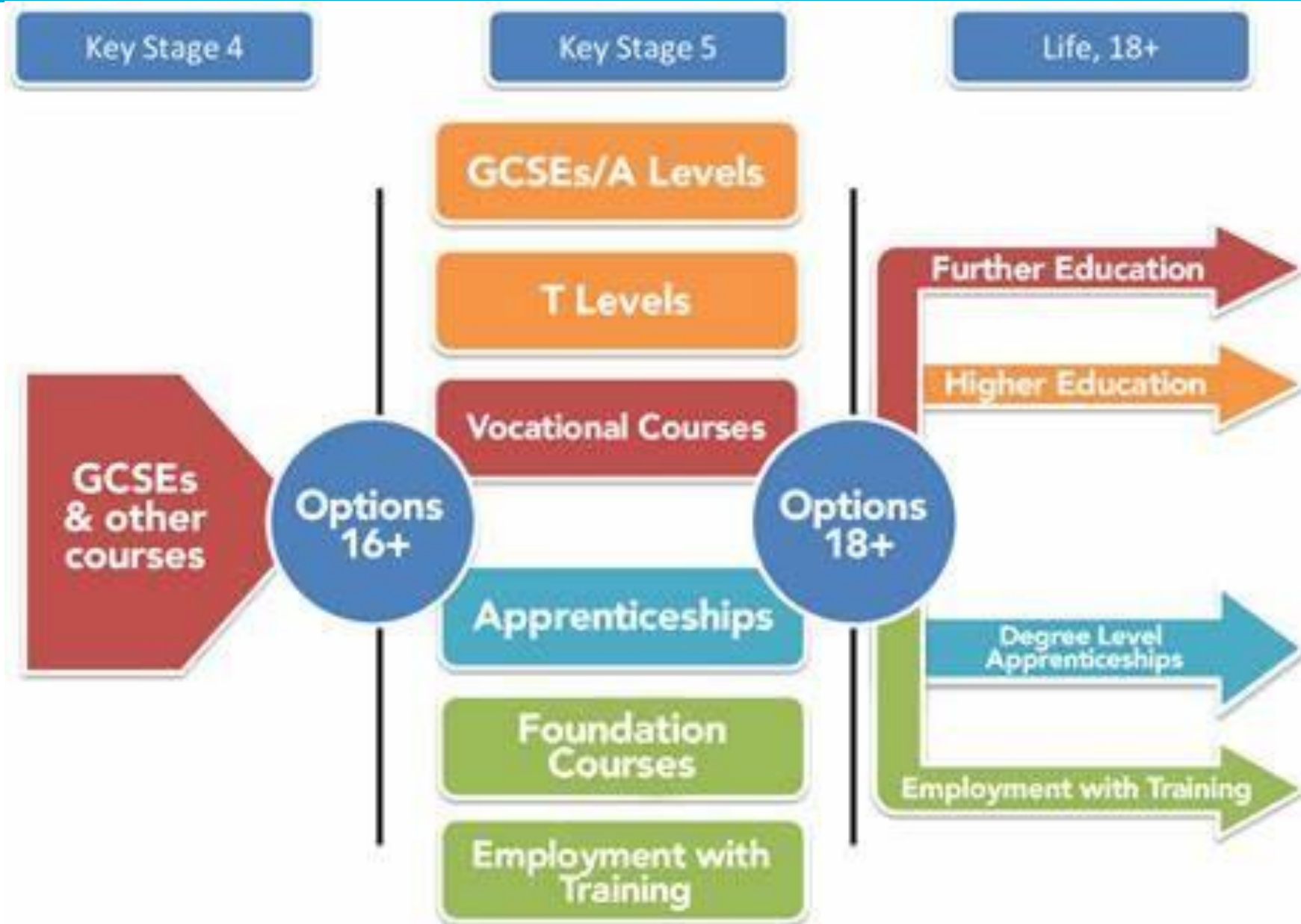


The Post-16 Process

By Miss Scattergood



The Post-16 Application Process



Levels of Qualifications

GCSE = Level 1/2

LEVEL	QUALIFICATION		
8	DOCTORATE		
7	LEVEL 7 NVQ	MASTER'S DEGREE/ POSTGRADUATE	
6	LEVEL 6 NVQ	HONOUR'S DEGREE	
5	NVQ LEVEL 6, DEGREE APPRENTICESHIP	HND	DipHE
4	LEVEL 4 NVQ	HNC	CertHE
3	ADVANCED APPRENTICESHIP	LEVEL 3 NVQ	AS/ A LEVEL
2	INTERMEDIATE APPRENTICESHIP	LEVEL 2 NVQ	GCSE- grade 9 to 4
1	TRAINEESHIP		GCSE- grade 3, 2, 1
0	SKILLS FOR LIFE		
	WORK-BASED LEARNING	VOCATIONAL TRAINING	ACADEMIC LEARNING

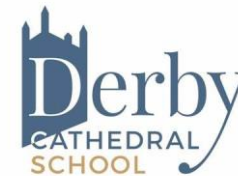
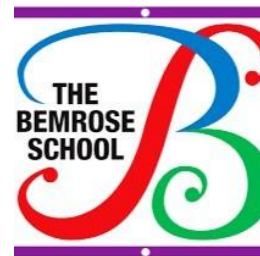
Sixth Form or College?

College

- Wider range of courses
- Flexible timetable
- Greater freedom and independence
- Wider range of people
- Adult environment
- Would you succeed as part of a larger cohort with a greater focus on independent study?

Sixth Form

- Mainly A levels
- School-like environment
- May have to wear uniform
- More structured days
- Become a senior student
- Work with younger students



Lees Brook
Academy



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Any Questions

