

Choose from ...

### Main

# egetarian

### Combo



available at Lunch Times Bread and Salad will be

## MONDAY

### Beef Burger

Peas, Sweetcorn, Homemade Herby Diced Potatoes to go with

### **Quorn Roast**

to go with

Peas, Sweetcorn, Homemade Herby Diced Potatoes

## **Jacket Potato**

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

#### Pasta

Homemade Tomato & Basil with choice of fillings Sauce

#### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

## Apple Crumble

to go with Custard

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

### TUESDAY

## Chilli Con Carne

5050 Bread, Steamed Rice Green Beans, Homemade

Chunky Vegetable Chilli

Green Beans, Steamed Rice

to go with

### **Jacket Potato**

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

#### Pasta

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Homemade Tomato & Basil with choice of fillings Sauce

#### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

### Carrot Cake

(3)

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

# to go with

## Quorn Sausages

to go with

## **Jacket Potato**

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

#### Pasta

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Homemade Tomato & Basil with choice of fillings Sauce

#### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

### Orange & Honey Cake

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

# WEDNESDAY

THURS

DAY

#### Roast Chicken & to go with Stuffing

Gravy, Broccoli, Carrots, Roast Potatoes

Peas, Carrots

to go with

Gravy, Broccoli, Carrots, Roast Potatoes

# **Jacket Potato**

Salmon & Tomato, Tuna Mayo Baked Beans, Grated Cheese,

with choice of fillings

### Pasta

Homemade Tomato & Basil with choice of fillings Sauce

### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

100

### A Lemon Cheesecake

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

### FRIDAY

### Cod in Batter

Chicken Cobbler

Chips, Baked Beans, Mushy to go with Peas

Homemade Vegetable to go with Burger

**BBQ Quorn Fillet** 

Chips, Baked Beans, Mushy Peas

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Peas, Carrots

to go with

## **Jacket Potato**

( Take)

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

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### Pasta

Homemade Tomato & Basil with choice of fillings Sauce

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### Wrap

Grated Cheese, Ham Salad, with choice of fillings

### Fruit Kebabs

90%

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information STORY OF (E)(E)

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Choose from ...

### Main

# egetarian

### Combo



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### AVGNOW

### Hot-Dog

Potato Wedges, Peas, Sweetcorn to go with

# Vegetarian Sausage

Potato Wedges, Peas, Sweetcorn to go with

### **Jacket Potato**

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

#### Pasta

Homemade Tomato & Basil with choice of fillings Sauce

#### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

### **Eton Mess**

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

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### TUESDAY

## **Beef Bolognese**

Mixed Salad, Garlic Bread, to go with Spaghetti

# Vegetarian Bolognaise

Mixed Salad, Garlic Bread, Spaghetti

### **Jacket Potato**

with choice of fillings Tuna Mayo

Homemade Tomato & Basil with choice of fillings Sauce

#### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

## Chocolate & Date

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

to go with

Baked Beans, Grated Cheese,

3

## Slice

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### Roast Beef

Roast Potatoes, Gravy, Cabbage, Carrots

# **BBQ Quorn Fillet**

Roast Potatoes, Gravy, Cabbage, Carrots

## **Jacket Potato**

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

### Pasta

Homemade Tomato & Basil with choice of fillings

#### Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

## Raspberry Buns

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

## WEDNESDAY THURS

DAY

FRIDAY

Jamaican Chicken

to go with

Garlic & Coriander Naan Bread Green Beans, Sunshine Rice,

Chips, Baked Beans, Mushy

Peas

to go with

to go with

Curry

Fish Fingers

Vegetarian Curry

Homemade Vegetable

to go with

Garlic & Coriander Naan Bread

Green Beans, Sunshine Rice,

Chips, Baked Beans, Mushy

to go with

0

Burger

to go with

# **Jacket Potato**

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

Baked Beans, Grated Cheese,

Tuna Mayo

with choice of fillings

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**Jacket Potato** 

### Pasta

Homemade Tomato & Basil with choice of fillings Sauce

M. OR

Homemade Tomato & Basil

Sauce

with choice of fillings

Pasta

### Wrap

( Sur )

with choice of fillings

Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

100

### **Fruity Chocolate** Traybake

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly Grated Cheese, Ham Salad, **Coconut Muffins** Pineapple & Tuna Mayo

Yoghurt, Cheese and Fresh Fruit Bar Biscuits, Jelly

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Choose from ...

Wain

Vegetarian

Combo

...and to finish!

available at Lunch Times Bread and Salad will be

MONDAY

Southern Baked Chicken to go with

Mixed Salad, Peas, Homemade **Herby Diced Potatoes** 

Mixed Salad, Peas, Homemade to go with

**Herby Diced Potatoes** 

**Jacket Potato** 

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

Pasta

Homemade Tomato & Basil with choice of fillings Sauce

Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

**Upside-down Pudding Pineapple** 

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

TUESDAY

Cottage Pie

to go with

Carrots, Cauliflower

Vegetarian Cottage Pie

to go with

Carrots, Cauliflower

**Jacket Potato** 

Baked Beans, Grated Cheese, with choice of fillings

Tuna Mayo

Pasta

Homemade Tomato & Basil with choice of fillings

Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

Fruit Flapjack

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

WEDNESDAY

to go with

**Jacket Potato** 

Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

Pasta

Homemade Tomato & Basil with choice of fillings Sauce

Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

**Chocolate Mousse** 

3

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

Roast Chicken & Stuffing

to go with

Gravy, Broccoli, Cabbage, **Roast Potatoes** 

Quorn Fillet

Gravy, Broccoli, Cabbage, Roast Potatoes

Sweetcorn

Chips, Baked Beans, Mushy

Peas

to go with

Baked Beans, Grated Cheese, Beef Bolognese, Tuna Mayo

with choice of fillings

**Jacket Potato** 

Pasta

Homemade Tomato & Basil with choice of fillings Sauce

Wrap

Grated Cheese, with choice of fillings Tuna Ma ayo Ham Salad,

Strawberry Iced Smoothie

Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

THURSDAY

FRIDAY

**Beef Lasagne** 

Cod in Batter

Garlic Bread, Peas, Sweetcorn

Chips, Baked Beans, Mushy

to go with

to go with

Vegetable Lasagne Garlic Bread, Peas, Three Cheese to go with

**Quorn Sausages** 

**Jacket Potato** 

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Baked Beans, Grated Cheese, with choice of fillings Tuna Mayo

Pasta

Homemade Tomato & Basil with choice of fillings Sauce

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Wrap

Grated Cheese, Ham Salad, with choice of fillings Tuna Mayo

Cheesecake Mandarin

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Yoghurt, Cheese and Fresh Fruit Bar, Biscuits, Jelly

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