

STEP 1 Choose from...

Main

Beef Burger

to go with

Peas, Sweetcorn, Homemade
Herby Diced Potatoes

Chilli Con Carne

to go with

Green Beans, Homemade
5050 Bread, Steamed Rice

Roast Chicken &
Stuffing

to go with

Gravy, Broccoli, Carrots,
Roast Potatoes

Chicken Cobbler

to go with

Peas, Carrots

Cod in Batter

to go with

Chips, Baked Beans, Mushy
Peas

Quorn Roast

to go with

Peas, Sweetcorn, Homemade
Herby Diced Potatoes

Chunky Vegetable
Chilli

to go with

Green Beans, Steamed Rice

Quorn Sausages

to go with

Gravy, Broccoli, Carrots,
Roast Potatoes

BBQ Quorn Fillet

to go with

Peas, Carrots

Homemade Vegetable
Burger

to go with

Chips, Baked Beans, Mushy
Peas

Vegetarian

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese,
Salmon & Tomato, Tuna Mayo

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings

Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings

Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings

Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings

Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings

Homemade Tomato & Basil
Sauce

Combo

Wrap

with choice of fillings

Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings

Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings

Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings

Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings

Grated Cheese, Ham Salad,
Tuna Mayo

Apple Crumble

to go with
Custard

Carrot Cake

Orange & Honey
Cake

Lemon Cheesecake

Fruit Kebabs

...and to finish!

Bread and Salad will be
available at Lunch Times



STEP 1 Choose from...

Main

Hot-Dog

to go with
Potato Wedges, Peas,
Sweetcorn

Beef Bolognese

to go with
Mixed Salad, Garlic Bread,
Spaghetti

Roast Beef

to go with
Roast Potatoes, Gravy,
Cabbage, Carrots

Jamaican Chicken
Curry

to go with
Green Beans, Sunshine Rice,
Garlic & Coriander Naan Bread

Fish Fingers

to go with
Chips, Baked Beans, Mushy
Peas

Vegetarian Sausage

to go with
Potato Wedges, Peas,
Sweetcorn

Vegetarian Bolognaise

to go with
Mixed Salad, Garlic Bread,
Spaghetti

BBQ Quorn Fillet

to go with
Roast Potatoes, Gravy,
Cabbage, Carrots

Vegetarian Curry

to go with
Green Beans, Sunshine Rice,
Garlic & Coriander Naan Bread

Homemade Vegetable
Burger

to go with
Chips, Baked Beans, Mushy
Peas

Vegetarian

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Jacket Potato

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Pasta

with choice of fillings
Homemade Tomato & Basil
Sauce

Combo

Wrap

with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Wrap

with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Eton Mess

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

Chocolate & Date
Slice

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

Raspberry Buns

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

Fruity Chocolate
Traybake

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

Pineapple &
Coconut Muffins

Fresh Fruit Bar,
Yoghurt, Cheese and
Biscuits, Jelly

STEP 2



...and to finish!

Bread and Salad will be
available at Lunch Times





WEEK 3

STEP 1 Choose from...

Main

Vegetarian

Combo

MONDAY

Southern Baked Chicken
to go with
Mixed Salad, Peas, Homemade Herby Diced Potatoes

Pizza
to go with
Mixed Salad, Peas, Homemade Herby Diced Potatoes

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Wrap
with choice of fillings
Grated Cheese, Ham Salad, Tuna Mayo

Pineapple Upside-down Pudding

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

TUESDAY

Cottage Pie
to go with
Carrots, Cauliflower

Vegetarian Cottage Pie
to go with
Carrots, Cauliflower

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Wrap
with choice of fillings
Grated Cheese, Ham Salad, Tuna Mayo

Fruit Flapjack

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

WEDNESDAY

Roast Chicken & Stuffing
to go with
Gravy, Broccoli, Cabbage, Roast Potatoes

Quorn Fillet
to go with
Gravy, Broccoli, Cabbage, Roast Potatoes

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Wrap
with choice of fillings
Grated Cheese, Ham Salad, Tuna Mayo

Chocolate Mousse

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

THURSDAY

Beef Lasagne
to go with
Garlic Bread, Peas, Sweetcorn

Three Cheese Vegetable Lasagne
to go with
Garlic Bread, Peas, Sweetcorn

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese, Beef Bolognese, Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Wrap
with choice of fillings
Grated Cheese, Ham Salad, Tuna Mayo

Strawberry Iced Smoothie

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly

FRIDAY

Cod in Batter
to go with
Chips, Baked Beans, Mushy Peas

Quorn Sausages
to go with
Chips, Baked Beans, Mushy Peas

Jacket Potato
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Pasta
with choice of fillings
Homemade Tomato & Basil Sauce

Wrap
with choice of fillings
Grated Cheese, Ham Salad, Tuna Mayo

Mandarin Cheesecake

Fresh Fruit Bar, Yoghurt, Cheese and Biscuits, Jelly



...and to finish!



Bread and Salad will be available at Lunch Times

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information