

# Chiropractor

Chiropractors manipulate joints, bones and soft tissue to help clients control pain or prevent injuries from reoccurring.



## Your day-to-day duties may include:

- using your hands to treat disorders of bones, muscles and joints
- treating neck, back and shoulder pain
- treating sciatica and leg problems
- helping clients with sports injuries, poor posture and joint and muscle pain
- making sure your client's condition is suitable for treatment
- discussing their symptoms and health problems in detail
- carrying out examinations, sometimes using x-rays or blood tests
- designing a programme of treatment for each individual client
- giving advice on lifestyle, diet and exercise to support recovery

## Skills You'll need:

- excellent communication and listening skills
- physical coordination and manual skills
- problem solving skills
- business skills, if self-employed

## Working hours, patterns and environment

You could provide services through the NHS. You might work in a private group practice or health clinic offering a wide range of therapies.

If you're self-employed, you'll usually set your own working hours. You'll need to meet the needs of clients, so you may work some weekends and evenings.

You'll be based at a health clinic or therapy centre. You may also need to travel to clients' homes or sporting events to carry out treatments.

The work can be physically demanding

## **These university subjects are related to this career:**

Anatomy, Physiology, Pathology and Kinesiology

Biology and Biological sciences

Medical and health sciences

**East Midlands growth:** +14.6% from 2014 to 2024, creating 12,324 jobs.

**Derby jobs:** 479 (67th of 214 UK LEAs)

**UK growth:** +14.5% from 2014 to 2024, creating 207,419 jobs



## Career path and progression

With experience you could set up your own practice.

You could also move into education, or specialise in sports medicine, rehabilitation, neurology or research.

## You'll need to:

- complete a 4-year degree recognised by the General Chiropractic Council (GCC)
- register with the GCC
- Voluntary experience in a caring role can help.