

# Food Prep & Nutrition

Time of year	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Food Safety	Nutrition revisited	Food safety	Nutrition - macros	<b>NEA1</b> Coursework
Autumn 2			Personal choice diets	Nutrition - micros	<b>NEA1/NEA2</b> Coursework
Spring 1	Nutrients	Where food comes from	Food science	Food science	<b>NEA2</b> Coursework
Spring 2				Food hygiene	Revision
Summer 1	Senses and tasting	Food science intro	Cuisines	Food choice	Revision
Summer 2					<b>External examinations</b>